The Basic Core

Bisaya

Cebuano

Cebuano, August 2018

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name

classroom

basic core start date

basic core finish date

What is the Basic Core?

The Basic Core contains essential elements of the language you will need to master in order to fulfill your purpose in your mission language. It will help you establish a foundation, focus your study, and evaluate your progress. The Basic Core includes vocabulary, phrases, and scriptures that will help you master the six teaching tasks. Set goals and work diligently to quickly master the these tasks.

What are the 6 Tasks?

Meet Someone
Offer a Prayer
Testify
Extend an Invitation
Share a Scripture
Give a Simple Overview

Which Scriptures and Passages?

Your Missionary Purpose

Moroni 10:3-5

Baptismal Invitation

Joseph Smith's First Vision

How Long Do I Have?

You will have ten days to master the six tasks, additional vocabulary, and the four scriptures and passages.

How Do I Track My Progress?

Your teacher or companion will check the box to the left of the task or vocabulary when you can correctly answer the question "what is _____ in Cebuano?"

The 5 Principles of Memorization

1. **Know the Meaning:** Always find out the meaning of what you are learning and write it down if necessary. When you are learning words, don't ignore how prefixes and suffixes affect meaning. Additionally, you should practice repeating the meaning of each word out loud.

2. **Focus on the Form:** All language is made up of two things: the meaning and the words which carry that meaning. Form includes how it sounds, how it's pronounced, and how it's written. Form also includes noticing patterns in grammar and word order in phrases. Find out how to say each word and practice until you can pronounce it correctly.

3. **Practice Aloud:** We learn and remember language better when we practice it physically, building muscle memory. Practice your words, phrases, or grammar out loud, repeatedly. Say it again and again until it becomes automatic and you can do it without looking.

4. **Apply it:** Applying it well means using what you are learning in real situations. If it's part of a lesson, practice teaching it to your companion. Finally, think about the meaning of what you say and express it with feeling.

5. **Plan Spaced Reviews:** Step 5 moves language to your long-term memory where it will remain for good. Early reviews should be done aloud and may require you to use notes or materials to look up certain parts. They are completed when you can fluently produce the vocabulary or grammar without looking at notes. Later reviews can be less frequent and can be done without notes while doing other physical tasks like walking or standing.

Scriptures and Passages

- ☐ Your Missionary Purpose

  Preach My Gospel, 1

- ☐ The Baptismal Invitation

  Preach My Gospel, 40

- ☐ Joseph Smith's First Vision

  Preach My Gospel, 37

- ☐ Moroni 10:3-5

Alphabet and Pronunciation

Cebuano Alphabet

	Letter	English Sound
☐	a	f<u>a</u>ther
☐	b	<u>b</u>ag
☐	k	<u>c</u>ook
☐	d	<u>d</u>ay
☐	e	<u>e</u>nd
☐	g	<u>g</u>olf
☐	h	<u>h</u>ope
☐	i	gr<u>ee</u>t
☐	l	<u>l</u>et
☐	m	<u>m</u>oney
☐	n	<u>n</u>o
☐	ng	su<u>ng</u> (minus hard g)
☐	o	<u>o</u>bey
☐	p	<u>p</u>op
☐	r	<u>r</u>ed (softly rolled)
☐	s	<u>s</u>ong
☐	t	<u>t</u>ough
☐	u	fl<u>u</u>
☐	w	<u>w</u>ay
☐	y	<u>y</u>ou

Additional Cebuano Sounds

☐	ay	eye
☐	aw	ouch
☐	ey	hey
☐	oy	boy
☐	uy	gooey
☐	dy, diy	binge
☐	sy, siy	ship
☐	ts, ty, tiy	chip
☐	ll	liahona
☐	mga	monkey + sing-along
☐	ngg	mango
☐	-	(a short pause)
☐	*v	bell
☐	*f	pride

*When English words are used, these characters are pronounced differently than in English.

Meet Someone

Phrases

☐	How are you doing?	Kamusta ka?
☐	I am Elder ____.	Ako si Elder ...
☐	I am from _____.	Taga ... ako.
☐	I am Sister ____.	Ako si Sister ...
☐	My name is ____.	Ako si ...
☐	Pleased to meet you.	Malipayon ako sa pag-ila kanimo.
☐	What is your name?	Unsa'y ngalan nimo?
☐	Where are you from?	Taga asa ka?
☐	Hello	Kamusta.
☐	Goodbye	Amping

Vocabulary Words

☐	brother	igsoon nga lalaki
☐	city	siyudad
☐	companion	kauban
☐	country	nasud
☐	countryside	kabukiran
☐	daughter	anak nga babaye
☐	Elder	Elder
☐	family	pamilya
☐	father	amahan
☐	from	gikan
☐	from (origin)	taga
☐	good	maayo
☐	good afternoon	Maayong hapon
☐	good evening	Maayong gabii
☐	good morning	Maayong buntag
☐	he	siya
☐	her	iyang
☐	his	iyang
☐	how (present, future)	unsaon
☐	how (past)	giunsa
☐	husband	bana
☐	I	ako
☐	it	siya
☐	its	iyang
☐	kind	buotan

☐ Lord	Ginoo
☐ married	gikasal
☐ missionary	misyonaryo
☐ mother	inahan
☐ my	akong
☐ name	ngalan
☐ pleasure (happiness)	kalipay
☐ representative	representante
☐ servant	sulugoon
☐ she	siya
☐ Sister	Sister
☐ sister	igsoon nga babaye
☐ son	anak nga lalaki
☐ The Church of Jesus Christ of Latter-day Saints	Ang Simbahan ni Jesukristo sa mga Santos sa Ulahing mga Adlaw
☐ their	ilang
☐ they	sila
☐ to come	sa pag-anhi
☐ to get to know	sa pag-ilaila
☐ to go	sa pagadto
☐ to grow up	sa pagdako
☐ to have	aduna
☐ to know (in head)	sa pagkahibalo
☐ to know (in heart)	nasayud
☐ to meet	sa pag-ila
☐ to please	sa pagpahimuot
☐ to represent	sa pagrepresentar
☐ to reside	sa pagpuyo
☐ town	lungsod
☐ we (inclusive)	kita
☐ we (excluisve)	kami
☐ where	asa
☐ which, what	unsa
☐ wife	asawa
☐ you	ikaw
☐ you (plural)	kamo
☐ you all	kamong tanan
☐ your	imong
☐ your (plural)	inyong

Offer a Prayer

Phrases

☐ Dear Heavenly Father,	Minahal nga Langitnong Amahan,
☐ Please help us to learn . . .	Palihog tabangi kami sa pagkat-on ...
☐ We thank thee for Thy love.	Nagpasalamat kami kanimo sa imong gugma.
☐ We ask Thee to bless us with Thy Spirit	Mangayo kami kanimo nga mapanalanginan kami sa Imong Espiritu.
☐ Please bless my companion.	Palihog panalangini ang akong kauban.
☐ God always listens to our prayers.	Maminaw kanunay ang Dios sa atong mga pag-ampo.
☐ In the name of Jesus Christ, amen.	Sa ngalan ni Jesukristo, amen.

Vocabulary Words

☐ always	kanunay
☐ amen	amen
☐ answer	tubag
☐ blessing	panalangin
☐ charity	gugma nga putli
☐ comfort	kahupay
☐ dear	minahal
☐ for	para
☐ gift of tongues	gasa sa mga pinulongan
☐ grateful	mapasalamaton
☐ gratitude	pagkamapasalamaton
☐ guidance	pag-giya
☐ Heavenly Father	Langitnong Amahan
☐ help	tabang
☐ house	balay
☐ inspiration	kadasig
☐ Jesus Christ	Jesukristo
☐ opportunity	kahigayonan
☐ our (exclusive)	among
☐ our (inclusive)	atong
☐ patience	pailub
☐ prayer	pag-ampo

☐ prophet	propeta
☐ revelation	pagpadayag
☐ safety	kahilwasan
☐ strength	kusog
☐ thankful	mapasalamaton
☐ thanks	salamat
☐ The Holy Ghost	Ang Espiritu Santo
☐ to address	sa pagtawag
☐ to ask (question)	sa pagpangutana
☐ to ask (request)	sa pagpangayo
☐ to bless	sa pagpanalangin
☐ to close	sa pagtapos
☐ to communicate	sa pagpakigsulti
☐ to confirm	sa pagkumpirma
☐ to express	sa paglitok
☐ to feel	sa pagbati
☐ to find out	sa pagdiskobre
☐ to forgive	sa pagpasaylo
☐ to give	sa paghatag
☐ to hear	sa pagdungog
☐ to help	sa pagtabang
☐ to invite	sa pagimbitar
☐ to kneel	sa pagluhod
☐ to learn	sa pagkat-on
☐ to listen	sa pagpaminaw
☐ to offer	sa paghalad
☐ to pray	sa pag-ampo
☐ to receive	sa pagdawat
☐ to thank	sa pagpasalamat
☐ to want	gusto
☐ today	karong adlaw
☐ tomorow	ugma
☐ truth	kamatuoran
☐ when (future, non-question)	inigka-
☐ when (past, non-question)	pagka-
☐ when (question)	kanus-a
☐ with	uban

Testify

Phrases

☐ God is our Heavenly Father.	Ang Dios mao ang atong Langitnong Amahan.
☐ We are His children.	Mga anak kita Niya.
☐ Jesus Christ is the Son of God.	Si Jesukristo mao ang Anak sa Dios
☐ Through His Atonement, we can receive eternal life.	Pinaagi sa Iyang Pag-ula, makadawat kita og kinabuhing dayon.
☐ We can return to God by keeping ourselves clean.	Makabalik kita sa Dios kon limpyo kita pirmi.
☐ I know that . . .	Nasayud ko nga ...
☐ I am thankful for the love of our Heavenly Father.	Mapasalamaton ako para sa gugma sa atong Langitnong Amahan.

Vocabulary Words

☐ atonement	Pag-ula
☐ because	tungod
☐ bless (future)	panalanginan
☐ blessed (past)	gipanalanginan
☐ children	mga bata
☐ church	simbahan
☐ clean	limpyo
☐ closer	mas duol
☐ commandment	kasugoan
☐ effect	epekto
☐ feeling	pagbati
☐ forgiveness	kapasayloan
☐ God	Dios
☐ gospel	ebanghelyo
☐ heart	kasingkasing
☐ Holy Ghost	Espiritu Santo
☐ hope	paglaum
☐ if	kon
☐ Joseph Smith	Joseph Smith
☐ joy	hingpit nga kalipay
☐ lives (noun)	mga kinabuhi

☐ living	buhi
☐ love	gugma
☐ loving	mahigugmaon
☐ mind	utok
☐ must	kinahanglan
☐ peace	kalinaw
☐ priesthood	priesthood
☐ sacred	sagrado
☐ Savior	Manluluwas
☐ Spirit	Espiritu Santo
☐ testimony	pagpamatuod
☐ that (focus)	kana
☐ that (non-focus)	niana
☐ The Book of Mormon	Ang Basahon ni Mormon
☐ this (focus)	kini
☐ this (non-focus)	niini
☐ to answer	sa pagtubag
☐ to appear	sa pagpakita
☐ to be able to (future)	maka-
☐ to be able to (past/present)	naka-
☐ to believe	sa pagtuo
☐ to change	sa pag-usab
☐ to desire	sa pagtinguha
☐ to exist	aduna
☐ to follow	sa pagsunod
☐ to keep	sa paghupot
☐ to love	sa paghigugma
☐ to sacrifice	sa pagsakripisyo
☐ to testify	sa pagpamatoud
☐ to witness	sa pagsaksi
☐ true	tinuod

Extend an Invitation

Phrases

☐ Will you be baptized?	Buhaton ba nimo nga magpabunyag?
☐ How can we help you to prepare for baptism?	Unsaon namo pagtabang kanimo sa pag-andam sa pagpabunyag?
☐ In order to be baptized, you need to attend church regularly.	Aron ikaw mabunyagan, kinahanglan ka mosimba kanunay.
☐ I know that God will bless you for your faith to repent.	Nasayud ko nga ang Dios mopanalangin nimo tungod sa imong hugot nga pagtuo sa paghinulsol.
☐ Will you pray to God about the truthfulness of the Book of Mormon?	Buhaton ba nimo nga mag-ampo sa Dios aron mahibaloan nga tinuod ang Basahon ni Mormon?

Vocabulary Words

☐ baptism	bunyag
☐ commitment	pasalig
☐ congratulations	kongratulasyons
☐ covenant	pakigsaad
☐ daily	adlaw-adlaw
☐ difficult	lisod
☐ doubt	duha-duha
☐ evening	gabii
☐ example	ehemplo
☐ happiness	kalipay
☐ message	mensahe
☐ problem	problema
☐ question	pangutana
☐ Sabbath day	Adlawng lgpapahulay
☐ sad	guol
☐ suggestion	ikasugyot
☐ the Word of Wisdom	Ang Pulong sa Kaalam
☐ to attend	sa pagtambong
☐ to baptize	sa pagbunyag
☐ to begin	sa pagsugod

☐ to call	sa pagtawag
☐ to come by	sa paghapit
☐ to commit	sa pagpasalig
☐ to continue	sa pagpadayon
☐ to discuss	sa paghisgut
☐ to experience	sa pagsinati
☐ to extend	sa paghatag
☐ to hope	sa paglaum
☐ to make sure	sa pagpasegurado
☐ to obey	sa pagsunod
☐ to overcome	sa pagbuntog
☐ to prepare	sa pag-andam
☐ to promise	sa pagsaad
☐ to recommit	sa pagpasalig og balik
☐ to repent	sa paghinulsol
☐ to return	sa pagbalik
☐ to start	sa pagsugod
☐ to stop	sa paghunong
☐ to strengthen	sa pagpalig-on
☐ to trust	sa pagsalig
☐ to try (effort)	sa pagpaningkamot
☐ to try (test)	sa pagsulay

Share a Scripture

Phrases

☐	May we read a scripture in the Book of Mormon together?	Pwede ba kita magbasa og kasulatan sa Basahon ni Mormon?
☐	Let's read a scripture about faith.	Basahon nato ang usa ka kasulatan mahitungod sa hugot nga pagtuo.
☐	Please, read these verses out loud.	Palihog, basaha kining mga bersikulo og kusog.
☐	It's on page ____.	Aduna siya sa pahina ...
☐	According to this verse, why is baptism important?	Sumala niining bersikulo, ngano man importante ang pagpabunyag?
☐	How do you feel about _____ ?	Unsa'y gibati nimo mahitungod...?
☐	Diligently studying the scriptures helps us to understand truth.	Ang makugihon nga pagtuon sa mga kasulatan motabang kanato sa pagsabot og kamatuoran.

Vocabulary Words

☐	about	kabahin
☐	aloud	makusog
☐	Bible	Bibliya
☐	chapter	kapitulo
☐	concerning	mahitungod
☐	Doctrine and Covenants	Doktrina ug mga Pakigsaad
☐	experience	kasinatian
☐	important	importante
☐	meaning	buot ipasabot
☐	New Testament	Bag-ong Tugon
☐	number	numero
☐	Old Testament	Daang Tugon
☐	on	sa
☐	page	pahina
☐	Pearl of Great Price	Ang Perlas nga Labing Bilihon
☐	people	mga tawo
☐	please	palihog
☐	principle	baruganan
☐	promise	saad

☐ scripture	kasulatan
☐ section	seksyon
☐ there is	aduna
☐ thought	hunahuna
☐ to apply	sa pagaplikar
☐ to become (future)	mahimo
☐ to become (past)	nahimo
☐ to explain	sa pagpasabot
☐ to find	sa pagkaplag
☐ to like	ganahan
☐ to look for	sa pagpangita
☐ to notice	sa pagbantay
☐ to read	sa pagbasa
☐ to share	sa pagpaambit
☐ to show	sa pagpakita
☐ to study	sa pagtuon
☐ to teach	sa pagtudlo
☐ to think	sa paghunahuna
☐ verse	bersikulo
☐ while	samtang
☐ one	usa
☐ two	duha
☐ three	tulo
☐ four	upat
☐ five	lima
☐ six	unom
☐ seven	pito
☐ eight	walo
☐ nine	siyam
☐ ten	napulo

Give a Simple Overview

Phrases

☐	Do you believe in God and Jesus Christ?	Nagtuo ba ka sa Dios ug kang Jesukristo?
☐	What has lead you to believe that?	Unsa'y naggiya kanimo sa pagtuo niana?
☐	Through Jesus Christ, we can overcome sin.	Pinaagi ni Jesukristo, makabuntog kita og mga sala.
☐	We are missionaries of The Church of Jesus Christ of Latter-day Saints.	Mga misyonaryo kami sa Simbahan ni Jesukristo sa mga Santos sa Ulahing mga Adlaw.
☐	The Book of Mormon testifies of Jesus Christ.	Ang Basahon ni Mormon nagapamatuod ni Jesukristo.
☐	Would you like to learn more about the Book of Mormon?	Ganahan ba ka mokat-on og dugang pa mahitungod sa Basahon ni Mormon?
☐	We have a message about Jesus Christ.	Aduna mi'y mensahe mahitungod ni Jesukristo.

Vocabulary Words

☐	faith	hugot nga pagtuo
☐	first	una
☐	in	sa
☐	inside	sulod
☐	knowledge	kahibalo
☐	life	kinabuhi
☐	more	og dugang pa
☐	no (future)	dili
☐	no (past)	wala
☐	obedience	pagkamasulondon
☐	or	o
☐	plan	plano
☐	repentance	paghinulsol
☐	restored	gipahiuli
☐	salvation	kaluwasan
☐	thing	butang
☐	time	panahon
☐	to come back	sa pagbalik

☐ to enjoy	sa paglingaw
☐ to restore	sa pagpahiuli
☐ to take	sa pagkuha
☐ to talk	sa pag-istorya
☐ well	maayo
☐ what	unsa

Helpful Phrases

Phrases

☐ Did I understand you correctly?	Sakto ba ang akong nasabtan?
☐ Did you understand?	Nakasabot ba ka?
☐ Excuse me.	Ekskiyus ko.
☐ Good job!	Maayo!
☐ Help me, please.	Tabangi ko, palihog.
☐ How do you say ____?	Unsaon nimo pagsulti ____ ?
☐ I don't understand.	Wala ko nakasabot.
☐ I have a question.	Naa ko'y pangutana.
☐ I'm not sure that I understand you.	Dili ko segurado nga nakasabot ko nimo.
☐ I'm sorry.	Pasaylo.
☐ It's ____ o'clock.	Ala(s) ____ karon.
☐ It's okay.	Ok ra.
☐ May I speak in English?	Pwede ba ko maginggles?
☐ No problem.	Wala'y problema.
☐ Please say it again.	Palihog pagsulti niana usab.
☐ Repeat that please.	Palihog usba kana.
☐ Say it slower, please.	Hinay-hinay palihog.
☐ Thank you.	Salamat.
☐ What does ____ mean?	Unsay buot ipasabot sa____?
☐ What is this called in Cebuano?	Unsa kini gitawag sa Cebuano?
☐ What is this called?	Unsa kini gitawag?
☐ What is your question?	Unsa'y imong pangutana?
☐ What time is it?	Unsa'y oras?
☐ Where are we going?	Asa ta padulong?
☐ Would you repeat that please?	Pwede ba nimo ibalik ang imong gisulti palihog?
☐ You're welcome.	Wala'y sapayan.

Vocabulary Words

☐ bathroom	C.R.
☐ book	basahon
☐ cafeteria	kapeterya
☐ camera	kamera
☐ Cell Phone	selpon
☐ chair	lingkoranan
☐ classroom	kwarto
☐ clock	orasan
☐ companionship study	paguban nga pagtuon
☐ computer	kompyuter
☐ devotional	debosyonal
☐ dictionary	diksyonaryo
☐ district	distrikt
☐ English	Inggles
☐ notebook	notbok
☐ paper	papel
☐ pen	bulpen
☐ pencil	lapis
☐ personal study	kinaugalingon nga pagtuon
☐ slow	hinay
☐ teacher	magtutudlo
☐ Telephone	telepono
☐ there	diha
☐ to repeat	sa pag-usab
☐ to review	sa pagribyu
☐ to say	sa pag-ingon
☐ to speak	sa pag-sulti
☐ to understand	sa pagsabot

Notes

Notes

THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS